

TENS 260

APPLICATION INSTRUCTIONS



- Nerve Stimulation with stimulation current.
- Doctors' Functions:
 - Memory mode for applications used in a 30 day period
 - Impulse width
 - Impulse Frequency
 - Used Programs
 - Therapy Day
 - Duration of Therapy
 - Intensity of Therapy
- 13 Preprogramed applications
- 5 adjustable program applications
- 2 Channels with adjustable intensity
- LED display for each channel
- Blue display background illumination
- Application timer function
- Program controlled frequency range 1 to 100 Hz

Programs

Mode	Treatment Time	Modulation Method	Frequency (Hz)	Pulse Width (us)
P01	10-90min	FM,PM	8-10	169-190
P02	10-90min	PM	80	75-155
P03	10-90min	PM	80	50-150
P04	10-90min	FM	2-120	200
P05	10-90min	Alternate	30-60	150-250
P06	10-90min	FM,PM	2-120	200-100
P07	10-90min	Continue	100	200
P08	10-90min	Continue	100	150
P09	10-90min	Burst	100	200
P10	10-90min	Hans	100	150
P11	10-90min	FM	100,2	150,200
P12	10-90min	PM	80	100-200
P13	10-90min	Deep TENS	100	75
U01	10-90min	Continue	1-120	50-300
U02	10-90min	Continue	1-120	50-300
U03	10-90min	Continue	1-120	50-300
U04	10-90min	Continue	1-120	50-300
U05	10-90min	Continue	1-120	50-300

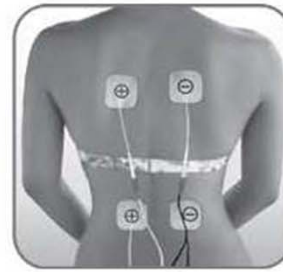
Examples for placing the electrodes using application Programs 1 to 13



Abdomen



Below the chest, only use channel CH 1 (not on the coronary region)



Back



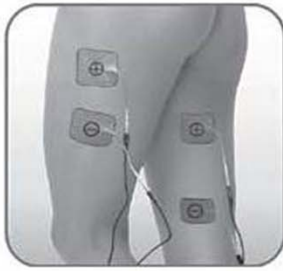
Shoulder



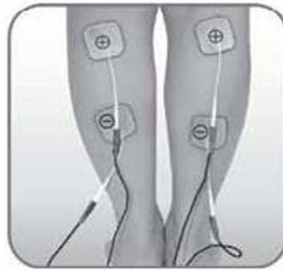
Upper arms



Arm, channel CH1 may be used



Thigh



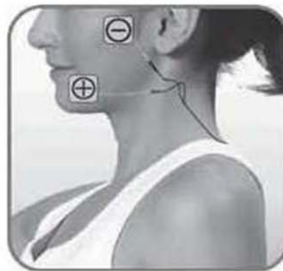
Lower legs



Loins, only channel CH1 may be used



Feet



Face

5.0 Application examples for the adhesive electrodes

5.0.1 Application program 1



Upper arm

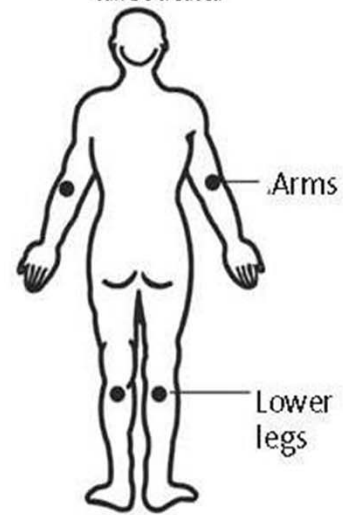
In case of muscle tension strains, bruises



Lower legs

In case of muscle tension strains, bruises, Circulatory disorders

Display showing all possible body areas that can be treated



5.0.2 Application program 2



Loin, use channel CH 1 only

Pain in the area of the Lumbar column



Upper arm

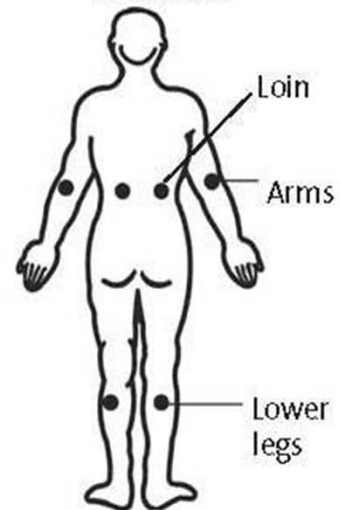
In case of muscle tension strains, bruises



Lower legs

In case of muscle tension strains, bruises, Circulatory disorders

Display showing all possible body areas that can be treated



5.0.3 Application program 3



Back

Muscle tension strains, bruises



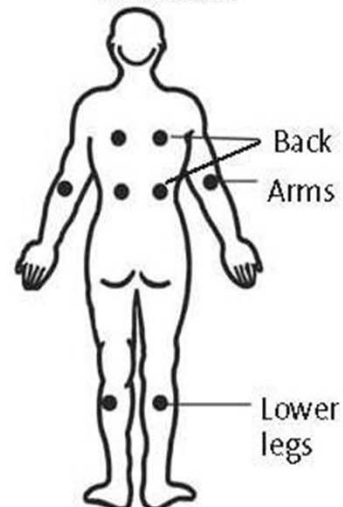
Arm, only use one channel per arm Joint ache



Lower legs

In case of muscle tension strains, bruises, Circulatory disorders

Display showing all possible body areas that can be treated



APPLICATION EXAMPLES

5.0.4 Application program 4



Lower legs
In case of muscle tension strains, bruises, Circulatory disorders



Thigh
Pain in the thighs, muscle tension strains, bruises

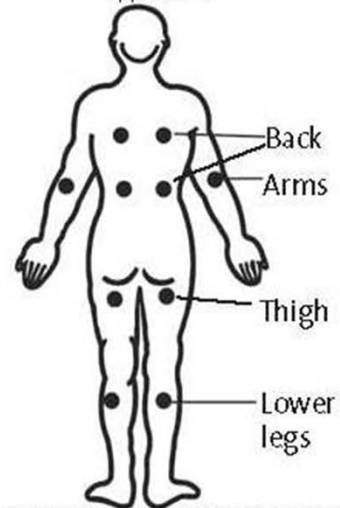


Back
Muscle tension strains, bruises



Upper arm
In case of muscle tension strains, bruises

Display indicating the possible body regions for application.



5.0.5 Application program 5



Lower legs
In case of muscle tension strains, bruises, Circulatory disorders

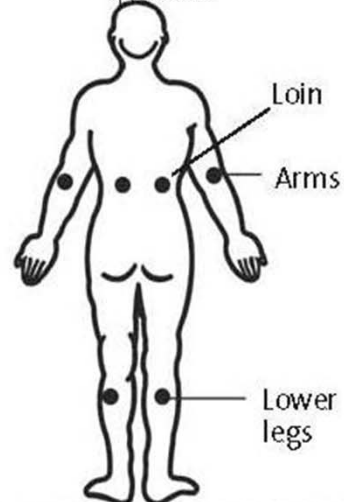


Loins, use channel CH 1 only
Pain in the area of the Lumbar column



Upper arm
In case of muscle tension strains, bruises

Display indicating the possible body regions for application.



5.0.6 Application program 6



Lower legs
In case of muscle tension strains, bruises, Circulatory disorders



Back
Muscle tension strains, bruises

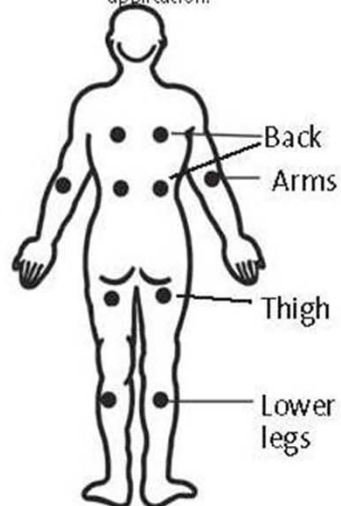


Upper arm
In case of muscle tension strains, bruises



Thigh
Pain in the thighs, muscle tension strains, bruises

Display indicating the possible body regions for application.



APPLICATION EXAMPLES

5.0.7 Application program 7



Abdomen

In case of muscle tension strains, bruises



Lower legs

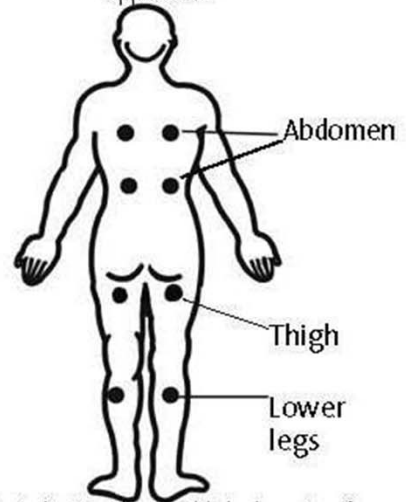
In case of muscle tension strains, bruises, Circulatory disorders



Thigh

Pain in the thighs, muscle tension strains, bruises

Display indicating the possible body regions for application.



5.0.8 Application program 8



Above the chest, only use CH 1 (not on the coronary region)

In case of muscle tension strains, bruises



Upper arm

In case of muscle tension strains, bruises



Lower legs

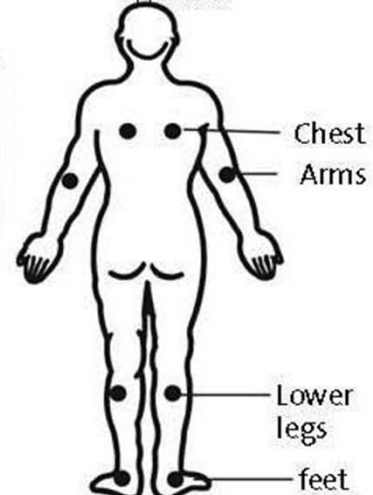
In case of muscle tension strains, bruises, Circulatory disorders



Feet

In case of pain in the hock

Display indicating the possible body regions for application.



5.0.9 Application program 9



Shoulder

In case of back pain, muscle tension, strains



Upper arm

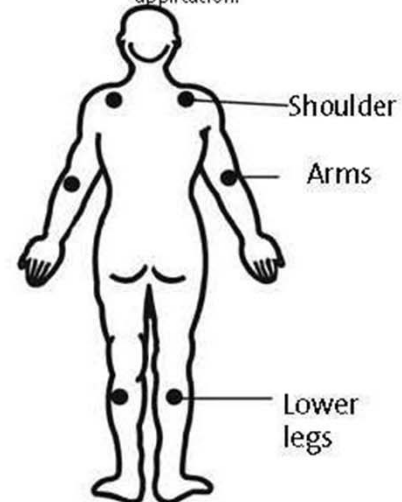
In case of muscle tension strains, bruises



Lower legs

In case of muscle tension strains, bruises, Circulatory disorders

Display indicating the possible body regions for application.



APPLICATION EXAMPLES

5.0.10 Application program 10



Shoulder
In case of back pain, muscle tension, strains



Back
Muscle tension, strains, bruises



Upper arm
In case of muscle tension, strains, bruises



Feet
In case of pain in the hock

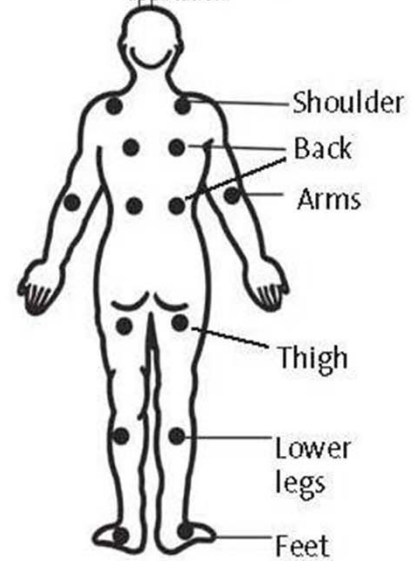


Lower legs
In case of muscle tension, strains, bruises, Circulatory disorders



Thigh
Pain in the thighs, muscle tension, strains, bruises

Display indicating the possible body regions for application.



5.0.11 Application program 11



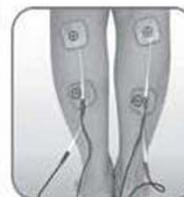
Loins, use channel CH1 only
Pain in the area of the Lumbar column



Upper arm
In case of muscle tension, strains, bruises



Thigh
Pain in the thighs, muscle tension, strains, bruises



Lower legs
In case of muscle tension, strains, bruises, Circulatory disorders

Display indicating the possible body regions for application.

